



100 YEARS 

2017-2018 TRAINING

2017 dates = black
2018 dates = green

Community Partner Expo

When you and your troop are looking for new experiences post-cookie-season, meet our most active community partners and hear about their programs. 10 a.m.-1 p.m.; \$5 (girls and adults).
Balboa: 3/17

Cruising into Cadettes

Gain insight on best practices for working with a middle-school-age troop. 6:30-8:30 p.m.; \$5.
Balboa: 9/17
Escondido: 9/6
Prerequisites: Getting Started with Your Troop and Intro to Girl Scouts

Daisy or Brownie 101

New leaders, experience a mock troop meeting with your girl, from start to finish. Build confidence in your ability to run successful meetings yourself. See how the structure looks and feels when using tried, tested, and true management techniques. Bring your Daisy or Brownie daughter with you to create our training troop; sorry, no extra children. Attend the class aligning with your troop's grade level. 6-8 p.m.; \$5.
Brownie 101: Balboa: 3/14, 5/3 5/30, 6/29
Daisy 101: Balboa: 1/31, 5/30, 6/29

Diving into Daisies

Find out how to best lead our youngest Girl Scouts. 6-9 p.m.; \$5.
Balboa: 9/28, 10/17, 11/1, 1/17, 2/7, 5/17, 9/24, 10/16, 11/7
Escondido: 9/19, 11/9, 7/25, 9/18, 11/15
Carlsbad: 10/10, 12/6, 2/15, 10/10
Prerequisites: Getting Started with Your Troop and Intro to Girl Scouts

Encampment Director

Learn how to successfully run a multi-level encampment from start to finish. **Required** for encampment directors. 6:30-8:30 p.m.; \$5.
Online option: Free; email training@sdgirlscouts.org for an invitation.
Balboa: 9/19
Escondido: 10/18
Carlsbad: 11/14

Event and Series Director

Get guidelines and best practices for large event management and start your plans with help from an experienced volunteer. **Required** for event directors. 6-8:30 pm; \$5.
Online option: Free; email training@sdgirlscouts.org for an invitation.
Balboa: 11/15



Archery Instructor Training

Earn a 3-year certification as an archery instructor. 8:30 a.m.-5 p.m.; \$35.
Balboa: 10/21, 6/23
Escondido: 9/16, 2/24, 9/24



Basic Overnights *1st in outdoor training series*
Required for encampments, Adventure Weekends and preparatory overnights in the neighborhood. Free.

Online: Access at sdgirlscouts.org/outdoortraining.

Blasting Into Brownies

Explore traditional fun and games along with innovative program options. 6-9 p.m.; \$5.
Balboa: 10/24, 4/19, 6/21, 7/30, 10/23
Escondido: 9/12, 11/2, 5/15, 9/13, 11/1
Carlsbad: 10/11, 6/5, 10/18

Prerequisites: Getting Started with Your Troop and Intro to Girl Scouts



Bronze/Silver Award Workshop

Successfully coach girls to earn their Bronze or Silver, from Journey to final report. 6-8 p.m.; \$5.
Balboa: 10/19, 5/15, 10/18
Escondido: 11/8, 11/13
Carlsbad: 10/4, 6/7, 10/3

Cadette-Senior-Ambassador Roundtable

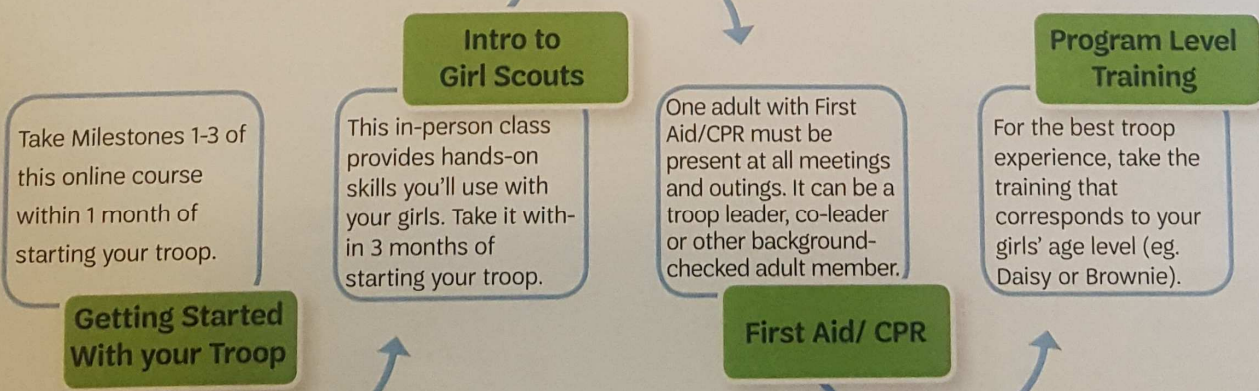
Network with other leaders for tips on engaging older girls during this busy and critical stage. 6:30-8:30 p.m.; \$5.
Balboa: 10/23
Prerequisites: Getting Started with Your Troop and Intro to Girl Scouts



Conflict Resolution and Prevention

Learn what causes conflict and tips for resolving it. Plus, find out how to manage troop conflict and how to get help when you need it. Free.
Online: Email training@sdgirlscouts.org for an invitation.

Core Leadership Training



Cross-Border Exchange Trip to Tijuana

Join a bilingual trainer and other leaders for a trip to Tijuana, Mexico. Meet at the Old Town trolley station and cross the border together at San Ysidro. Learn how to navigate crossings, conversations, sightseeing and shopping. Meet with Guías de Mexico (Girl Guides of Mexico) leaders and discuss service and cultural exchange possibilities for your troop.

Required: Current passport with at least one blank page and at least 6 months from travel date till expiration; ability to walk several miles. No minors. Bring \$40-50 in small bills for transportation, lunch and any souvenirs. Additional details will be provided 1 month prior to your trip. \$10 (includes GS insurance).
San Diego/Tijuana: 4/14, 11/17



First Aid/CPR/AED

Fulfill troop first aider requirement and learn to save a life! Open to girl members grade 9 and up. 2-year certification; \$45.

Balboa, 9 a.m.-2 p.m.: 10/28, 3/8, 4/11, 5/19, 10/25

Balboa, 5:30-10:30 p.m.: 9/5, 10/5, 11/8, 12/6, 1/25, 2/13, 2/28, 4/24, 5/10, 6/5, 7/12, 8/7, 9/5, 10/3, 11/13, 12/11

Escondido, 2:30-7:30 p.m.: 9/24, 4/15, 9/23

Escondido, 5:30-10:30 p.m.: 9/13, 10/11, 12/12, 1/31, 2/28, 3/21, 5/23, 6/13, 7/17, 8/15, 9/12, 10/9, 11/28, 12/5

Carlsbad, 9 a.m.-2 p.m.: 10/7, 12/2, 4/26, 6/30, 10/20, 12/15

Carlsbad, 5:30-10:30 p.m.: 9/26, 10/24, 11/16, 2/5, 3/6, 4/5, 5/17, 6/20, 7/25, 8/30, 9/20, 10/16, 11/7

Just for Juniors

Juniors are ready for new adventures and responsibility! Get comfortable with the amazing new opportunities this level brings. 6-8:30 p.m.; \$5.

Balboa: 10/26, 6/14, 8/8, 10/11

Escondido: 6/19

Carlsbad: 10/18, 10/30

Prerequisites: Getting Started with Your Troop and Intro to Girl Scouts



Leader-Daughter Training

Leaders and their Daisy-Cadette daughters a: Learn useful tools, skills and strategies to take back to your troop. Themes will vary.

6-8 p.m.; \$5/girl or adult.

Balboa: 9/20, 11/8, 3/16, 9/20

Escondido: 8/2, 4/13, 7/13

Carlsbad: 11/3, 11/6



Leader-Daughter Let's Cook Out and Let's Tent Training Weekend 4th-5th in outdoor training series

Leaders and their Brownie to Cadette daughters: Meet leader requirements for outdoor cooking and troop tent camping. 6 p.m. Friday-10 a.m. Sunday; \$30/girl or adult (includes food and materials).

Balboa: 12/8-12/10, 1/19-1/21, 12/14-12/16

Prerequisites for adults: Basic Overnights, Let's Camp, and Let's Have A Campfire



Let's Camp 2nd in outdoor training series

Required for independent troop cabin camping.

6-8:30 p.m.; \$5.

Balboa: 9/5, 11/9, 2/28, 4/18, 5/18, 5/31, 7/24, 9/4, 11/14

Escondido: 10/26, 2/8, 2/23, 3/20, 6/21, 9/21, 10/30

Carlsbad: 9/19, 11/2, 1/24, 2/6, 4/3, 6/6, 10/24

Prerequisite: Basic Overnights



Let's Cook Out 4th in outdoor training series

Required for outdoor cooking. 9 a.m.-4 p.m.; \$15 (includes food and materials).

Balboa: 10/21, 3/17, 5/19, 6/23, 8/11, 10/20

Escondido: 9/16, 11/4, 2/24, 4/14, 7/14, 9/22, 11/17

Prerequisites: Basic Overnights, Let's Camp, and Let's Have A Campfire



Let's Have a Campfire 3rd in outdoor training series

Required for any fire. 6-9 p.m.; \$10 (includes food and materials).

Balboa 10/3, 11/29, 2/15, 3/6, 5/18, 6/12, 8/2, 9/27, 11/28, 12/6

Escondido 8/30, 11/1, 2/23, 4/4, 6/28, 9/21, 11/8

Pre-requisites: Basic Overnights, and Let's Camp



Let's Tent 5th in outdoor training series

Required for troop tent camping. 5 p.m. first day-10 a.m. next day; \$10 (includes food and materials).

Balboa: 10/21-22, 3/17-18, 5/19-5/20, 6/23-24, 8/11-12, 10/20-21

Escondido: 9/16-17, 11/4-5, 2/24-25, 4/14-15, 7/14-15, 9/22-23, 11/17-18

Prerequisites: Basic Overnights, Let's Camp, Let's Have A Campfire, and Let's Cook Out

Getting Started with Your Troop

In the comfort of your own home, learn about starting a troop, safety, finances, the GS community, cookies, and our Fall Sale.

Required for new troop leaders; complete Milestones 1-3 within one month of becoming a leader, and take additional modules as you need them. Free. **Also available in Spanish.**

Online: Email training@sdgirlscouts.org for an invitation.



Gold Award Online Training

In just 30 minutes, learn Gold Award basics — and jump start your brain so your passions, interests and ideas begin forming before you head to the GoGold workshop. Take this mobile-friendly training in your PJs at home, or on the go. **Required** to pursue the Gold Award.

Online: Access at sdgirlscouts.org/gold



GoGold Workshop

Get started using GoGold Online, the web tool you'll log in to each time you're ready to complete one of the seven steps of the Gold Award. At the workshop, you'll also work with Gold Award committee members as you create an outline of your project proposal and ask questions. **Required** to pursue the Gold Award.

Prerequisite: Gold Award Online Training; register only after April 1 of your 9th grade year.

Intro to Girl Scouts

Gain program ideas, tips and best practices for leading a troop of any level. Part of the Core Leadership Series, this course is **required** for all troop leaders, and strongly recommended for co-leaders. 6-9 p.m. unless otherwise noted; \$5. **Also available in Spanish.**

Balboa: 9/20, 10/21 (10 a.m.-1 p.m.), 10/25, 12/12, 1/16, 2/26, 3/7,

(10 a.m.-1 p.m.), 5/8, 6/7, 7/18, 9/11, 10/9, 10/27 (10 a.m.-1 p.m.), 11/27

Escondido: 9/27, 2/22, 3/13, 5/10, 6/5, 9/4, 11/29

Carlsbad: 9/28, 11/15, 1/25, 5/2, 9/26, 11/8

Prerequisite: Getting Started with Your Troop Milestones 1-3

Lifeguard Certification

This 2-year lifeguarding certification includes first aid, professional-level CPR and AED in one certificate. This is an in-the-water course; come prepared to get wet! 30-hour course (plus home study).

Search sdgirlscouts.org/events for upcoming dates; \$125.

Prerequisite: Rigorous swim test



Troop Tripping

Make advanced travels a reality through these tips and requirements. This training is required for trips out of state, involving air travel or lasting 3+ nights; take course at least 3 months prior to trip.

6-9 p.m.; \$5.

Balboa: 9/27, 11/14, 3/8, 9/26, 11/15

Escondido: 10/24, 10/11

Carlsbad: 10/25, 10/23



Water Safety Tips for Girl Scout Troops

Cover basic water safety information from the American Red Cross, then review Girl Scout standards for swimming and other aquatic activities. Free.

Online: Email training@sdgirlscouts.org for an invitation.

Wilderness First Aid

Gain a firm foundation in first aid principles, and the skills to respond to emergencies and give care in areas without immediate emergency medical services (EMS) response.

16-hour course (plus home study.) Search sdgirlscouts.org/events for upcoming dates; \$75.

Prerequisite: First Aid/CPR/AED

Multi Grade Level Troop Training

Experience a hands-on approach to integrating badge work for multiple levels, drawing each age group together and making meetings and trips memorable for all. Walk away with plans you'll create in class. Please bring any Girl's Guides to Girl Scouting you have for the levels you work with. 10 a.m.-1 p.m.; \$5.

Balboa: 1/20, 10/20

Carlsbad: 5/12

Multi Grade Level Troop Training Webinar

Join us for an online training to see how you can structure your multi-level troop. Pick up valuable tips on getting more parents involved, encouraging the Girl Scout sister mentality, and over-all best practices. 7-8 p.m.

Online: 1/10, 5/3, 10/10

San Francisco Bridging

Make bridging from Juniors to Cadettes with GS NorCal a meaningful, girl-led adventure. Be sure to also take Troop Tripping training, before any advanced domestic or international travel.

6:30-8:30 p.m.; \$5.

Balboa: 8/29, 9/6

Escondido: 9/14, 9/25

Senior/Ambassador Roundtable

Network with other leaders on tips for engaging older girls during this busy and critical stage. 6:30-8:30 p.m.; \$5.

Balboa: 10/22

Prerequisites: Getting Started with Your Troop and Intro to Girl Scouts

STEAM Community Partner Expo

Meet our most active STEAM community partners and hear about their programs. 6-8 p.m.; \$5/girl or adult.

Balboa: 10/18, 10/17

Take Action with STEAM!

Integrate STEAM activities into the Girl Scout Leadership Experience and empower your girls! Discover STEAM badges, resources and community partners. 6-9 p.m.; \$5.

Balboa: 11/8, 11/13



Training of Trainers

Support your Girl Scout community by bringing new skills to other volunteers in your region. Help in whatever capacity works best for you and your schedule: weekends, weeknights, large events or regular training sessions. 9 a.m.-5 p.m.

Prerequisite: In-person meeting with adult learning team; email training@sdgirlscouts.org to schedule.

Balboa: 5/5



Basic Overnights

Required for encampments, adventure weekends and preparatory overnights in the neighborhood. Online; free; sign up at www.sdgirlscouts.org/outdoortraining



Let's Camp

This in-person class will qualify you to take your girls cabin camping in our mountain properties and at private and public campsites. It covers program activities, GS property reservations, safety and meal options.



Let's Have a Campfire

A hands-on class where you'll learn all you need to safely hold a backyard, beach or cabin camping campfire, complete with s'mores, program ideas and reflection. Includes knife and hatchet instruction to teach your girls.



Let's Cook Out

You'll work in small groups with new friends to create delicious meals outdoors. Learn cool tricks to make cooking a blast for your girls. Course includes safe food handling, and sanitation. How to accommodate allergies and food restrictions is discussed.



Let's Tent

Learn how to sleep comfy outdoors so that your girls can try new locations and adventures! You'll discover tips for gear selection, cool nighttime activities and much more.



Registration

For in-person classes: sdgirlscouts.org/events

Help: customercare@sdgirlscouts.org, (619) 610-0821

Training by request: Arrange a class in your neighborhood! Contact training@sdgirlscouts.org for info. Full course details at sdgirlscouts.org/training.

Non-member: Some courses may have additional fees.

Online trainings

Learn in your pajamas, any time of day, in our interactive online learning portal! Access your dashboard at sdgirlscouts.litmos.com. First-time visitors need an invitation; email training@sdgirlscouts.org with your course request. Come back often to choose from a library of enrichment topics.

Check out our other online resources at sdgirlscouts.org/digital.

Locations

Balboa: 1231 Upas Street, San Diego, 92103

Escondido: 3050 Las Palmas, Escondido, 92025 (inside Kit Carson Park)

Carlsbad: 5315 Avenida Encinas, Suite 100, Carlsbad, 92008

Show your commitment to learning by wearing a "Trained to Lead" patch. Add a charm for each class you attend. Available for purchase in Girl Scouts San Diego shops.

Campfire/Cook/Tent: Are you an expert in camping with youth? Ask about testing out of some of these courses.

Training Class Registration

Register online: www.sdgirlscouts.org/events (choose "Leadership & Training" Events)

INSTRUCTIONS

- Registration for all classes closes 5 days prior to scheduled class date.
- **Hardcopy** registration is only accepted at the Balboa office via fax/mail/drop-off. Online registration is available for all training classes.
- **Walk-in registration is not permitted at any class.** Every effort will be made to get you into your class. Please no crashing.
- **Registration receipts** are sent via email. If you have not received a receipt, then you are not registered for the class.
- **Details** are provided in a reminder email a few days before class.
- For registration assistance contact customercare@sdgirlscouts.org or (619) 610-0821
- For general information contact training@sdgirlscouts.org
- **Childcare is not provided at any training class.** We are unable to accommodate children in our classes.

REGISTRANT INFO

Name _____ Middle initial _____ Last name _____

Mailing address _____ City _____ Zip _____

Email _____

Phone (day) (_____) _____ Phone (evening) (_____) _____

I do not have access to email. Please call with registration confirmation.

Troop number _____ Do you need any specific accommodations _____

CLASSES

Class date	Class name	Location	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
			TOTAL _____

AID

Financial Assistance:

Total cost \$ _____ Family contribution \$ _____ Troop/group contribution \$ _____

TOTAL FINANCIAL ASSISTANCE REQUESTED \$ _____

Note: Girl Scout training expenses are an appropriate use of troop or service unit funds for registered adults.

Please note it takes several weeks for the committee to review requests for financial assistance. Please submit several weeks prior to training.

POLICY

Refund/Cancellation/Transfer Policy:

- **Cancellations** are required in writing 5 or more days in advance. **No exceptions to this policy** are possible for "Let's Have A Campfire", "Let's Cook Out", or Let's Tent" classes as we purchase perishable food for attendees.
- **Fees** may be transferred once to training within the same calendar year.
- **All credit card payments** will be credited back to card used for original payment.

PAYMENT INFO

\$ _____ Cash

\$ _____ Check (payable to Girl Scouts)

\$ _____ Financial aid

\$ _____ Credit card
VISA, MasterCard, Discover, AmEx

Name on credit card _____

Credit card # _____ Expiration date (MM/YY) _____

Signature _____

Your signature above signifies your agreement to allow Girl Scouts San Diego-Imperial Council, Inc. to charge the above amount to your credit card. You agree to pay this amount pursuant to the agreement you have with your credit card provider.

SUBMIT

Return completed form and payment
EMAIL
customercare@sdgirlscouts.org

DELIVER/DROP-OFF
GSSD Balboa Campus
Attn: Customer Care
1231 Upas Street, San Diego, CA 92103

MAIL
Girl Scouts San Diego
Attn: Customer Care
1231 Upas Street, San Diego, CA 92103

QUESTIONS? Email
customercare@sdgirlscouts.org